

Pick Up Sticks - ADQG Charity Quilt Block - January 2020

Pick Up Sticks Quilt - Tutorial

This is a great fun quilt to show off various small prints or solids and to use up left-over strips you may have from other projects. We are hoping to have each member volunteer to make one or two of these quick and easy block so we can make them into quilts to donate to future charity opportunities.



Instructions

1. Start with a 12.5 inch square of white fabric provided by the guild and cut it crosswise 2 or three times.



2. Cut a whole bunch of 1 inch strips from a selection of scraps in **different colour tones of the same colour family**. For example, all different pieces of purple material; small prints and solids can be used.

Important Note: Your fabrics will be the same colour tones – not multi-colour as illustrated in these instructions.



3. Sew the strips to the top fabric of each cut.



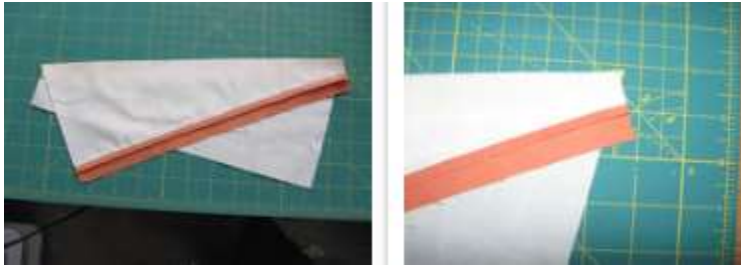
4. Iron the seams open.



5. Trim the 1 inch strips so they match the edges of the piece they are sewn to.



6. Sew the sections together overlapping the ends so the 1/4 inch seam hits the edges exactly where the two overlaps cross.



Some of the overlaps will be less than others depending on how angled your cross cut is.



Here's the block with the four sections sewn together.



7. Iron everything open.



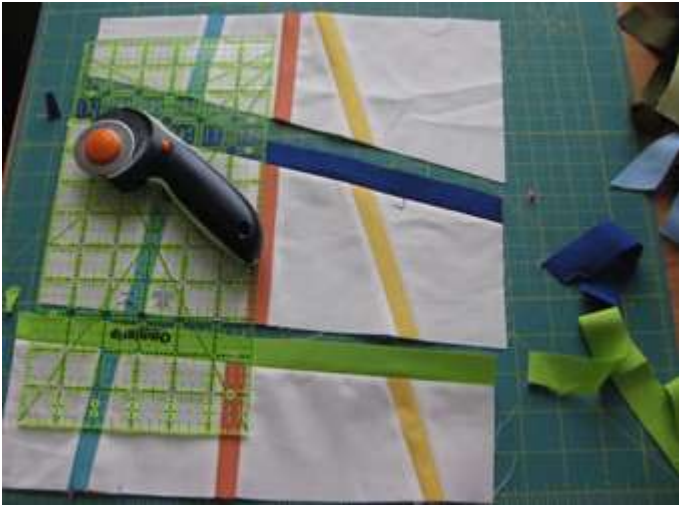
8. Cut the block across one or two times.



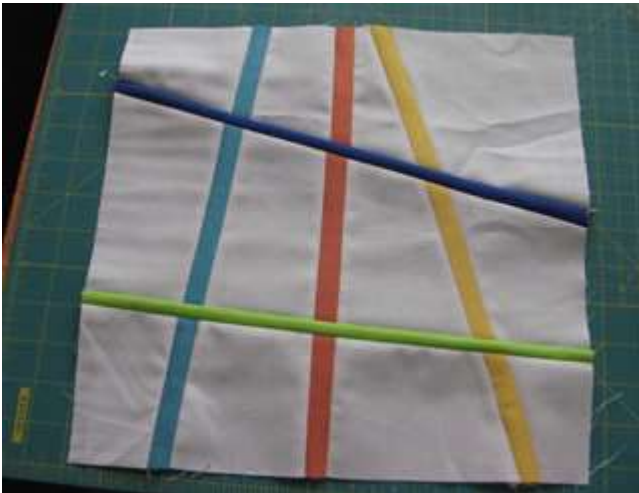
9. Sew in more strips.



10. Trim the ends to match the sides of the block.



11. Sew the sections together and iron the seams open.



Notes

- **Please don't square the blocks up - we will square them before sewing them all together to ensure they will be all the exact size.**
- Please include the cut offs of your coloured strips so we can make a pieced border around the perimeter of the quilt with them.
- If you have any questions don't hesitate to contact Vickie MacNabb or Jane Wickware