Ohio Star Correction:

Once you've drawn your two diagonal lines and sewn on either side of the first diagonal, you cut along the one diagonal line only and press to the darker fabric.

You'll have 4 half square triangles (HSTs). Take two of the HSTs and stack them right sides together with alternating colours on top of each other (in my case, light blue on top of dark blue). Sew on either side of the remaining diagonal line, cut along the diagonal line, press. Repeat with the other two HSTs and you have 4 hourglass blocks.

If you used a medium tone fabric for the centre of the hourglass, you will start with a Dark/Medium combo and a Dark/Light combo for the HST's. You then use one of each to pair them up and do the stitching on the second diagonal line.



If you would like a more visual step by step, there are numerous tutorials and You tube videos on easy hourglass blocks.

They need to finish to 3.5" to assemble them and finish with a $9 \frac{1}{2} \times 9 \frac{1}{2}$ block.