

**Reverse applique** here is a chance to make your quilt unique, by picking any simple applique pattern of your choice. I am making a heart. Perhaps a pumpkin or gingerbread man would be better suited for your theme?

We will start by making another foundation piece. The following instructions are for a heart, but again....your quilt, your applique. I am sure you are a Pro now on foundation piecing, and don't really need the instructions below.

Choose a variety of dark fabrics (up to 10) Trace the foundation layout on foundation paper, freezer paper... or whatever you have been using.

Cut a shape that will cover area 1 + ¼" seam allowance. Place the first piece of fabric over area one with right side facing you, but on the wrong side of the paper pattern. Make sure you are covering all of area 1. Pin in place. Place the next fabric, right side down on piece one. The seam allowance for fabric 2 should extend into fabric 2....make sure it will cover all of area 2. Sew the seam line between 1 and two. Extend the seam about ¼" at the beginning and end of each seam line. Trim the seam allowance and flip and press. Follow these steps until the whole area is covered. Sewing and trimming and flipping and pressing....you get the picture.

Trim the square and remove the foundation paper. Set this aside for a few moments as we get the reverse applique square ready. (you can add a stabilizer to the back of the foundation piece, just remember to remove it after the block is complete)

Cut a 7 ¼" x 7 ¼" square from white freezer paper, and from your background fabric

Place in on your appliqué pattern and trace. Cut the inside of the applique out and press the shiny side of the freezer paper to the wrong side of the background fabric.

Cut away the inside of the applique shape leaving 3/16" seam allowance. Clip curves and point. Remove freezer paper. Apply fabric glue to carefully fold the clipped edges to the back of the fabric to create a crisp outline of the shape. Grab your foundation piece you completed first and pin the foundation piece behind the opening. Sew around the opening to secure the foundation piece to your background. Your block should be 7 ¼" x 7 ¼" square.

*I used a small zigzag with invisible thread...you may want to use a decorative stitch*

***Attic windows***

Choose two contrasting fabrics for the frame. Cut each fabric  $2\frac{3}{4} \times 9\frac{7}{8}$ ”

The fabric under the heart should be on top. Align the  $45^\circ$  line on your ruler with the fabric edge. Move the ruler so that the edges meet the bottom right corner of the fabric rectangles. Cut along this line.

Sew two long seams towards the corners and back stitch  $\frac{1}{4}$ ” away from corner.

Fold and sew the  $45^\circ$  seam, starting with backstitches  $\frac{1}{4}$ ” from corner.

Your block should now measure  $9\frac{1}{2}$ ” x  $9\frac{1}{2}$ ”