

Blocks for Arnprior Hospital Quilt - General Instructions

This picture depicts the entire quilt - the centre medallion will be converted to a star and the 8 hexagon star blocks will be hexagon flowers.



Please ensure that colours are placed per the images and instructions below.

There are 11 different block types. Each block is done in similar colours, if you are making more than one block, be sure to keep the pieces in their appropriate pack. The centre of the quilt (up to the first dark border) and the outer border are all 6 ½" unfinished squares. The middle border is 10 ½" with on point stars.

Individual blocks:

1 – Diamond in Square – 8 blocks total



- Included in kit:
 - 1 x 4 ¾" square for centre (light floral)
 - 2 x 4" square for corners (subcut on diagonal - will have 4 triangles total) (dark colour)
- Sew each triangle to the 4 ¾" square. Note: keep in mind that points will finish ¼" away from the edge (picture is of finished block)
- Block should measure 6 ½" unfinished

2 – Shoo Fly – 8 blocks total (Caution – very similar to block 5 – the 5 patch shoo fly)



- Included in kit:
 - Light colour (gold swirl fabric)
 - 2 ½" x 10" strip (need to sub-cut into 4 x 2 ½" squares)
 - One 4 ½" square for half-square corners (will be making four at once)
 - Green Plaid
 - One 2 ½" square for centre
 - One 4 ½" square for half-square corners (will be making four at once)
- Four at once half square triangles: place the two 4 ½" squares, right sides facing. Sew around the outer edge of the square. Cut corner to corner diagonally in both directions. Opens to 4 x 2 ½" half square triangles.
 - You can google this method for video tutorials, this is one example: <http://blog.shopmartingale.com/quilting-sewing/sew-half-square-triangles-4-8-times-faster-now/>
- Assemble rows as shown in block picture (make sure the green is to the inside as shown)
- Block should measure 6 ½" unfinished

3 – Greek Cross – 4 for inner section and 8 for outer border (12 total)



- Included in kit:
 - Light colour (gold swirl fabric)
 - $2\frac{1}{2}$ " x 6" strip (need to sub-cut into 4 pieces $2\frac{1}{2}$ " x $1\frac{1}{2}$ ")
 - One $4\frac{1}{2}$ " square for half-square corners (will be making four at once)
 - Green Multi (fans for centre cross)
 - Four $2\frac{1}{2}$ " x $1\frac{1}{2}$ "
 - One $2\frac{1}{2}$ " square for centre
 - Lighter green
 - One $4\frac{1}{2}$ " square for half-square corners (will be making four at once)
- Four at once half square triangles: place the two $4\frac{1}{2}$ " squares, right sides facing. Sew around the outer edge of the square. Cut corner to corner diagonally in both directions. Opens to 4 x $2\frac{1}{2}$ " half square triangles.
 - You can google this method for video tutorials, this is one example: <http://blog.shopmartingale.com/quilting-sewing/sew-half-square-triangles-4-8-times-faster-now/>
- Note: Ensure that the pattern in the green multi fans fabric in the 5 cross pieces is going in the same direction.
- Sew 1 dark and 1 light $2\frac{1}{2}$ x $1\frac{1}{2}$ " strip together, on $2\frac{1}{2}$ " side.
- Assemble rows as shown in block picture above
- Block should measure $6\frac{1}{2}$ " unfinished

4 – Ohio Star – 8 in inner section and 8 in outer border (16 total)



- Included in kit:
 - Light colour (gold swirl fabric)
 - 2 ½" x 10" strip (need to sub-cut into 4 pieces 2 ½ x 2 ½")
 - One 3 ½" square for hourglass (will be making four at once)
 - Light Blue
 - Two 3 ½" square for hourglass (will be making four at once)
 - Gold
 - One 3 ½" square for hourglass (will be making four at once)
 - Light Floral
 - One 2 ½" square for centre
- Assemble hourglass units using quick hourglass method:
- Take two 3 ½" squares, right sides facing (use 1 blue & 1 light for one set; then 1 blue & 1 gold for the other set).
 - For each set: Mark the wrong side corner to corner. Sew ¼" away on both sides of the marked centre line. Cut along the centre line and again on the opposite diagonal. You will have 4 units of each colour grouping. Iron seams toward the blue.
 - Take one piece of each colour grouping and sew them together on the long diagonal side**. Make sure the blues are opposite each other.
 - ** tip – I used a leader before starting these last units and needle down at the end of each seam so that points are not getting sucked in.
 - This will give you 4 generous hourglass units (trim to 2 ½" square)
- Assemble rows as shown in block picture above with gold from hourglass units facing centre.
- Block should measure 6 ½" unfinished

5 – Five Patch Shoo Fly – 4 for inner section and 8 for outer border (12 total)
(caution – similar to block 2, but with added cross)



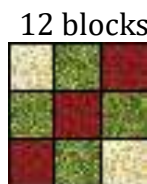
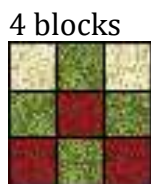
- Included in kit:
 - Light colour (gold swirl fabric)
 - One 4" square for half-square corners (will be making four at once)
 - Green Plaid
 - One 1 3/4" square for centre
 - One 4" square for half-square corners (will be making four at once)
 - Gold
 - 1 3/4" x 12" (subcut to 1 3/4" x 2 7/8"). Note: can be subcut to 3" and trim later.
- Four at once half square triangles: place the two 4" squares, right sides facing. Sew around the outer edge of the square. Cut corner to corner diagonally in both directions. Opens to 4 units each of 2 7/8" half square triangles.
 - You can google this method for video tutorials, this is one example:
<http://blog.shopmartingale.com/quilting-sewing/sew-half-square-triangles-4-8-times-faster-now/>
- Assemble rows as shown in block picture (make sure the green is to the inside as shown)
- Block should measure 6 1/2" unfinished

6 – 18.5" centre star block with square in square borders

7 - Hexagon Flowers – Lynn Johnston has agreed to make these.

- traditional hexie flower on gold background – block to be 6 1/2" unfinished

8 – 9 Patch – 16 blocks total in two colour ways – Janet Brownlee making these



- 6 ½" unfinished, using 2 ½" strips
- Sew 2 sets white / green / red strips together
- Sub-cut the white/green/red into 32 - 2 ½" strips
- Sew 1 set of green / red / green strips together
- Sub-cut the green / red / green into 16 - 2 ½" strips
- Piece the 2 ½" strips into 9 patches being careful of colour placement per photos above

9 – On point stars in “middle” border – ask about kits

These units will best be done with templates or paper piecing of units. Or could be swapped for something else keeping the overall size of the quilt intact. Please ask if you would like to make this border, and rough cuts of material can be given as a kit.

10 – Flying geese for outer border - ask about kits

11 – Hourglass units in outer border – ask about kits

For blocks 10 & 11, modifications to the pattern on page one will likely be made. We could do full flying geese across what is now 3 blocks (currently is 1 flying geese and 2 hourglass). This would result in 12 flying geese per side (6 at each end of the border facing in). There would be fewer hourglass units, with only the ones in the centre of the borders.

Please ask about doing 4 at a time flying geese units for these border pieces.