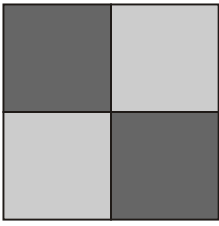


# THE FOUR PATCH



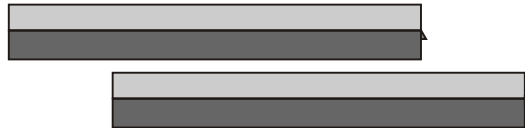
This block is the easiest to create but so versatile. You can use 1 to 4 colours, you can make it whatever size you want, make as many as you want.

For this block exchange, we will be making this block 8 1/2" using 2 colours.

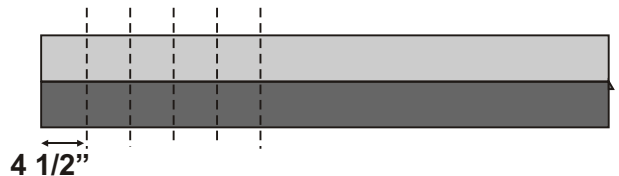
## Strip Piecing Method:

This method is suitable for yardage or fat quarters. Start by cutting strips 4 1/2" wide out of each colour. Length will depend on how many blocks you will be

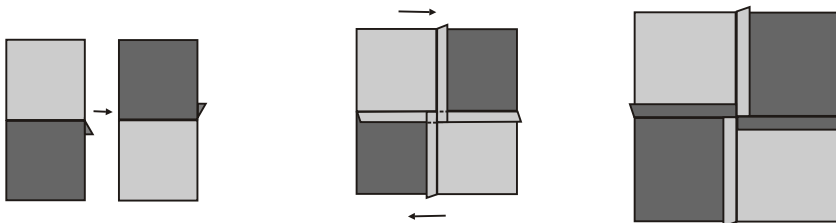
Sew one strip of each colour together. This will form a strata. Don't iron yet, the seams will nestle against each other better if not ironed. Finger press if necessary.



Cut cross strips from strata the same width of original single strip, 4 1/2". You will need two cross strips for each block.



Assemble blocks by sewing two cross strips together, opposite colours against each other. Butt the seam allowances together. Seams should be going opposite directions. Press block.



Tip: Block will lay flatter if the last seam sewn is gently pulled apart at the centre and seams twisted in opposite directions. Seams will finish all going in one

## Traditional Piecing Method:

This is also called the template method and suitable for scraps of fabric. Cut squares 4 1/2" x 4 1/2" using a template (cereal cardboard, plastic lids are great for making templates) or a square ruler. Cut 2 squares of each colour for each block. Sew one square of each colour, forming pairs. Finish assembling using last instruction above.

